



Utrecht University

Faculty of Humanities

Programme book
Gender Studies (Research)

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1. Welcome

Welcome to the Research MA in Gender Studies!

In choosing Utrecht University to pursue your graduate studies, you are becoming part of a world-class research environment. And it is our great pleasure to welcome you into this dynamic international community that we hope you will find both intellectually and socially rewarding.

The Graduate Gender Programme consists of various components, including the two-year Research MA in Gender Studies and the one-year MA in Gender Studies. We also take part in the EU Erasmus Mundus MA in Women's and Gender Studies (GEMMA). In addition, we host the Netherlands Research School of Gender Studies (NOG), which is the national platform for gender research and teaching by faculty members from various Dutch universities that offers a highly successful training programme and environment for postgraduate and PhD students.

Throughout your two-year Research MA programme, we hope you will be both inspired and challenged in your engagement with a diverse array of topics related to gender and postcolonial studies. Given the wealth of courses, lectures, events, and activities offered by the Graduate Gender Programme, we are confident that our multidisciplinary approach will be stimulating and engaging as you embark upon your studies. But it is also our hope that you make this programme your own, forging a path ahead that builds upon your experiences and interests and opens you up to future academic and professional possibilities.

In this programme book, you will find information about the structure of the programme, staff members, important dates and deadlines, and practicalities. Furthermore, you can find our recommendations for bars, restaurants, and cinemas, as well as useful information on student discounts, in order to help you find your way in Utrecht.

We wish you luck in beginning the programme, and we very much look forward to sharing and creating this space with you!

Domitilla Olivieri and Eva Midden

2. Introduction to the programme

Feminist education – the feminist classroom – is and should be a place where there is a sense of struggle, where there is visible acknowledgment of the union of theory and practice, where we work together as teachers and students to overcome the estrangement and alienation that have become so much the norm in the contemporary university.

--bell hooks, *Talking Back: Thinking Feminist, Thinking Back*

As students of the Research MA Gender Studies and the Erasmus Mundus MA in Women's and Gender Studies (GEMMA), you are now part of the Graduate Gender Programme at Utrecht University, a unique programme in the Netherlands that is exceptional in nature because of its humanities focus and its status as one of the largest Gender Studies hubs in Europe. Founded in 1988, the Graduate Gender Programme maintains a long-standing international reputation both for its pioneering role in laying the infrastructure for the academic field of Gender Studies and for its leading role in feminist research and Gender Studies education in Europe. The two-year Research MA programme aims to educate you in the field of Gender Studies, combining a thorough grounding in the historiography and contemporary state of Gender Studies as a discipline with intensive training in the critical practice of cultural theories and epistemologies from feminist, postcolonial, critical race, and queer perspectives.

The strength of this research-based MA programme in Gender Studies is its transdisciplinary and intersectional approach, which is represented in the wide range of research expertise of both the academic staff and students, as well as in the curriculum itself. The programme starts from an intersectional understanding of gender as a perpetually emerging factor in the structuring of society and culture, closely interacting with other social categories, and it sees 'gender' as an individual, institutional, and symbolic ordering principle that impacts people's everyday lives. As a Research MA student, you will analyze and problematize various structurally embedded conceptions about gender and race/ethnicity while also considering them always alongside other grammars of difference, such as religion, age, class, ability, and sexuality. In the programme you will gain knowledge of and insight into feminist theory formation, theories of transition and change, questions of social inclusion, and the history and actuality of (post)colonial, multicultural, and (post)secular societies. You will be trained to apply these theories to the analysis of representations of gender in literary texts, artistic practices, new media, political discourses, and new technology.

Besides this theoretical and research-based foundation, the Research MA Gender Studies offers you the opportunity to become part of an international and interdisciplinary community, enabled by the Graduate Gender Programme's existing networks and its leading role in the design of international curricula. On a daily basis, you will share learning and teaching spaces with students of the GEMMA programme and the Netherlands Research School of Gender Studies (NOG) hosted by Utrecht University. As such, the international and intellectually challenging setting of the programme gives you the chance to broaden your horizons and to build an academic and professional network, both in the local classroom and abroad, within Europe and beyond.

The Research MA Gender Studies prepares you for both a future academic career (PhD training) and a research-oriented profession outside of academia. After completion of the programme, you will have gained the skills necessary to independently identify, analyse and develop sustainable solutions to academically and socially relevant research questions in the field of Gender Studies as it is practiced today. You will be trained as a specialist in Gender Studies, and you will be conscious of the political and social implications of gender research and its interface with other (inter-)disciplinary fields of study. On the student website, you will find more information about the programme, ranging from an overview of courses to details on policies and procedures

(<http://students.uu.nl/en/hum/gender-studies-research>)

The Graduate Gender Programme hopes to provide you with an open and open-minded atmosphere in which you can pursue your study interests in an intellectually challenging and solidary community. We hope that any general questions about the programme can be answered by this guide, but if you have any further questions, please do not hesitate to contact us. And always remember that your contributions are a crucial element of this programme!

3. Who is who?

Coordinators of the programme

RMA PROGRAMME COORDINATORS

[Dr. Domitilla Olivieri](#)

[Dr. Eva Midden](#)

DIRECTOR GRADUATE GENDER PROGRAMME

[Prof. dr. Rosemarie Buikema](#)

Teachers in the Research RMA Programme

The current list of the teaching staff can be found at: <https://students.uu.nl/en/hum/gender-studies/contact/staff>

GENERAL COORDINATOR GRADUATE GENDER PROGRAMME



[Dr. Trude Oorschot](#)

Trude Oorschot is the general coordinator of the Graduate Gender Programme at Utrecht University, GEMMA coordinator, Secretary to the Board and coordinator of the Netherlands Research School of Gender Studies (NOG), Policy Advisor for Student Affairs, Education and Research.

Email: genderstudies@uu.nl / G.C.M.Oorschot@uu.nl

Study advisor



In case academic or personal problems arise that may affect your studies, the study advisor is the person to reach out to. The study advisor can help you strategize and find solutions within your study programme and the university.

The study advisor responsible for the Research MA programme Gender Studies is:

[Nyncke Kramer](#). You can reach her by mail: StudieadviesMCW.gw@uu.nl

For contact hours phone consultations see: <https://students.uu.nl/en/hum/gender-studies-research/practical-information/advising-and-counselling>

Curriculum Committee

Curriculum committees are representative bodies comprised of both students and teachers. They are responsible for advising on the Education and Examination Regulations and its annual evaluation, monitoring the quality of education and addressing problems that might arise. They advise the Board of the study programme and the dean on all teaching-related matters.

Student opinion plays a key role in the tasks of the curriculum committees. Through programme evaluations and course evaluations, curriculum committees review academic matters. Half of the committee is comprised of students. Do not hesitate to contact the student representative of your programme if you have an issue that you think should be addressed.

Board of Examiners

The Board of Examiners is responsible for ensuring the quality of interim and final examinations and objectively determining whether a student has passed the final exam. The board gives out diplomas, deals with possible cases of fraud or plagiarism, and evaluates requests for delaying graduation, exemption or approval of non-standard units. In case you want to submit a request for approval of courses taken outside this Research MA programme or for an exemption from certain parts of the programme, please contact this board. More information on approval and exemption can be found on the student website at <https://students.uu.nl/en/hum/gender-studies-research/practical-information/academic-policies-and-procedures>

You can contact the Board of Examiners by sending an email to studentdesk.hum@uu.nl with the name of your programme in the subject heading.

Partner organisations

Netherlands Research School of Gender Studies

The Netherlands Research School of Gender Studies (NOG) provides a national platform for gender research and teaching by faculty members from various Dutch universities and has been offering a highly successful training programme and environment for postgraduate and PhD students since 1995. The NOG teaching and research staff consists of an international team of professors and senior lecturers.

Coordinator: Trude Oorschot ; Address: Muntstraat 2a, room 0.03

Tel: 030 - 253 8319

Email: nog@uu.nl

Website: <http://www.graduategenderstudies.nl/>

The Postcolonial Studies Initiative

The Postcolonial Studies Initiative at Utrecht University is a platform for research on postcolonial issues, with a specific focus on Europe. The PCI organises activities such as lectures, film series, master classes and seminars, and strives for greater interaction with society at large. As such, it brings together a number of researchers from diverse areas and disciplines, both from Utrecht University and other universities.

Director: Prof. dr. Sandra Ponzanesi
Email: S.Ponzanesi@uu.nl
Website: www.postcolonialstudies.nl

GEMMA

GEMMA is the first Erasmus Mundus Master's Degree in Women's and Gender Studies in Europe. It is a programme of excellence supported by the European Commission, which first selected it as an Erasmus Mundus Master Programme in 2006. In 2017, GEMMA was once again selected for funding under the prestigious Erasmus Mundus brand and was distinguished as 'a pilot project and model in the field of Women's Studies and Gender Studies in a European and global perspective'.

Central coordination: Prof. dr. Adelina Sánchez, Universidad de Granada

Email: gemma@ugr.es
Tel: 0034 958 244 349
Website: <http://masteres.ugr.es/gemma/>

Local GEMMA coordinator in the UU Graduate Gender Programme: Trude Oorschot, gemma@uu.nl

ATGENDER

AtGender: The European Association for Gender Research, Education and Documentation is a broad association for academics, practitioners, activists and institutions in the field of women's and gender studies, feminist research, women's rights, gender equality and diversity. The association constitutes a permanent structure for the growing field of knowledge and practice in Europe.

Website: <https://atgender.eu/>
Email: info@atgender.eu

Terra Critica

Terra Critica: Interdisciplinary Network of the Critical Humanities is an international research network in the humanities, bringing together scholars specialising in critical and cultural theory. Its aim is to re-examine critical theory and critique under the conditions of the 21st century. The research initiative strengthens the Critical Humanities as a crucial site for analyses of our present, meeting regularly for expert seminars and providing a platform for public discussion and exchange of ideas and knowledges.

Coordinators: Dr. Birgit Kaiser and Dr. Kathrin Thiele
Website: www.terracritica.net
Email: info@terracritica.net

Casco Art Institute: Working for the Commons

Casco was founded in 1990 in Utrecht, the Netherlands, as a platform for experimental art. Since 1996, Casco has developed a critical programme that explores art in the public realm, questioning the relation between art and its physical, social and political environment. Casco Art Institute dedicates itself to cultivating and sustaining the commons through art, questioning its forms of life, shared resources, customs, and border. Art is here to offer a lens to look at the commons whilst the commons looks to the world, including art.

Website: <https://casco.art/>

Contact: info@cascoprojects.org

Address: Lange Nieuwstraat 7, 3512 PA Utrecht, The Netherlands

Atria: Institute on Gender Equality and Women's History

Atria is one of the leading institutes on gender equality and women's history and houses one of the oldest collections on women and gender worldwide. Under the motto 'Sharing the past, debating the present and creating the future', Atria works at the intersection of research, policy and history. The institute has a large library that is freely available to the public and an archive with materials from different women's organisations, amongst others.

Website: www.atria.nl ; Contact: info@atria.nl

Address: Vijzelstraat 20, 1017 HK Amsterdam, The Netherlands

InterGender

InterGender is the Swedish-International Consortium and Research School in Interdisciplinary Gender Studies and offers a large-scale research-training programme to meet the needs of PhD students in different phases of their training. The main modules are offered every year on a rotating basis, thus coordinating the respective specialities of the different partner institutions and the different needs of early-, mid- and late-phase PhD students and advanced Research MA students. InterGender is organized so as to ensure the quality of the research performed by the students, as well as the continued development of the training programme they undergo.

Coordinator: Dr. Edyta Just

Email: edyta.just@liu.se

Website: www.intergender.net

Study association Gen K

Gen K - the Study Association of UU Gender Studies is a newly founded and student-led study association for BA, MA, RMA and GEMMA students at Utrecht University. It is meant to give a sense of community amongst students across programmes by organizing regular activities and providing a common space for meet ups.

Facebook Page: <https://www.facebook.com/UU.GenK/>

Website: <https://www.gen-k.nl/>

general@gen-k.nl

Unsettling Pieces

Unsettling Pieces is a digital platform that aims to make political voices louder. The platform's motivation is to contribute to the ongoing political discussions by creating a transnational solidarity network. It hosts artworks (graphic designs, photographs, poems, personal thus political essays) and academic or semi-academic articles. The most important pillar of the platform is that it drives away from the neoliberal world order and highlights the importance of difference and relationality by excluding identity politics.

Website: <https://unsettlingpieces.sites.uu.nl/who-are-we/what-is-unsettling-pieces/>

(Informal) Students and alumni/ae network AskAnnabel 2.0

AskAnnabel 2.0 is the informal network of the Graduate Gender Programme and functions as a gender studies collective in Utrecht that organizes social, political and educational events and meetings.

Facebook page: <https://www.facebook.com/groups/1475607782709220>

Career Services

During your study programme, there will also be a focus on further career orientation. The programme and the department work together with study associations and Career Services to make this an integrated part of your studies. See the detailed overview in chapter 5.3 for more information and stay tuned for announcements about career orientation events offered throughout the year.

You can contact Career Services for questions regarding your future, for practicing a job interview, or go over your resume. An appointment can be scheduled at the Student Information Desk. They also offer help on the road to the job market through [workshops and tests](#).

Visit www.uu.nl/careerservices for more information.

You might also consider doing the Career Check at www.uucareercheck.nl to see where you stand in the orientation process.

International office

If you are considering studying abroad during your Research MA, you will find more information regarding exchange programmes, regulations and preparation at the International Office. It is important to start this process early on in your programme, as the application deadlines are typically in Semester 1 and considerable paperwork is needed to complete your application.

You can find more information on studying abroad at: <http://students.uu.nl/en/academics/study-abroad>

Student Information Desk

At the Student Information Desk you can address all kinds of study-related issues, such as course enrolment, time schedules, registration of course results and graduation. You can also make appointments with your student advisor and Career Officer, have your diploma and study results authenticated, and apply for exemptions there. The Student Information Desk can be reached by phone from Monday through Friday from 11.00-12.30 and 13.00-15.00 and the front desk is open from Monday through Friday from 11.00-15.00.

The Student Information Desk is also available via WhatsApp for simple questions from Monday through Friday from 9.00-17.00 at the following number: 0641084538 (*please note: this number is only available for WhatsApp*).

Address: Drift 10, 3512 BS Utrecht
Phone number: (030) 253 6285
E-mail address: studiepunt.gw@uu.nl or studentdesk.hum@uu.nl
Website: <https://students.uu.nl/en/hum/contact>

Please clearly state your name and student number in every communication.

Student Services

You can contact Student Services for information and advice, including issues regarding admission, application and enrolment, tuition fees, financial assistance, having a paid job during your programme, insurance, schemes and facilities for outstanding student athletes, student housing, student organisations and information about studying with a disability or chronic illness.

Address: Bestuursgebouw, Heidelberglaan 6 (De Uithof)
Opening hours: Mo t/m Fri 10.00-16.00 hrs
E-mail: studentservices@uu.nl (always include your studentnumber!)
Phone number: 030 253 7000 [Monday to Friday 10.00-12.00 and 13.00-15.00](#)

Student psychologist

Utrecht University has two student psychologists.

If you are a Dutch student, you can schedule an appointment online at <https://students.uu.nl/en/guidance-and-development/who-to-contact/schedule-an-appointment-with-student-psychologist>. If you are an international student, please contact Student Services either by phone or in person (not by e-mail) to schedule an introductory session.

During an introductory consultation, the Student Psychologist will speak with you about the issues you are encountering and your personal background. For some, this initial meeting will be sufficient, while for others additional meetings will be required. Either way, the student psychologists are happy to help. It is important to keep in mind that getting an appointment with the student psychologist might take a bit longer than intended.



IMPORTANT FOR STUDENTS IN THE HUMANITIES

Academic calendar

students.uu.nl/hum-calendar

Information about important dates, days off, course registrations and change-of-enrolment days.



UU ONLINE

Information about the most important online systems and how to log in is available at students.uu.nl/hum-online

In need of a manual? IT manuals: <https://manuals.uu.nl/en>



REGISTRATIONS, PROCEDURES OR INTERNSHIP



Student Information Desk Humanities

students.uu.nl/hum-contact

For programme related matters, such as

- course registration
- schedules
- study results (Osiris)
- study progress overview (SVO)
- graduation



Student Services

students.uu.nl/en/contact/student-services

For information about:

- registration as a UU student
- tuition fees
- compensation for board activities
- top sport
- disability or chronic illness



Internship coordinator

students.uu.nl/hum-internshipcoordinator

For information about:

- guidelines and procedures
- internship placements and businesses
- alumni-network



QUESTIONS ABOUT ENTERING THE JOB MARKET?

Career Services

students.uu.nl/hum-careerservices

Career Services will answer all your questions about your steps into the job market. You can attend workshops, have your CV examined and ask the faculty Career Officer for coaching. Your programme coordinator "will inform you" about what is organised within your programme.



NEED EXTRA HELP?

Study advisor:

students.uu.nl/hum-studyadvisor

Student psychologist:

students.uu.nl/psychologist

Workshops at Skills Lab:

students.uu.nl/en-skillslab



THINKING OF GOING ABROAD?

International office Humanities:

students.uu.nl/hum-io

OTHER FACILITIES



University library:

students.uu.nl/hum-library

Olympos sports centre:

olympus.nl/en-us/home.aspx

Parnassos cultural centre:

uu.nl/en/parnassos

FACT! You can find your grades, student card and timetable in the MyUU portal and the MyUU app: students.uu.nl/en/myuu and students.uu.nl/en/myuu-app

FACT! In the **second semester**, you will have to register in Osiris for courses you wish to attend. If you want to switch courses, you can do so on the change-of-enrolment days before the start of the block in question.

FACT! **Deadlines** are always communicated by your lecturers in the course manuals they provide around two weeks prior to the start of the course.

FACT! If you need more **programme specific information** about for instance internship or thesis, consult the *Curriculum* page on your programme's website, see: students.uu.nl/hum.

FACT! Check students.uu.nl/hum-studentlife for information about living, jobs, sports and leisure in Utrecht!

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4. Important dates and deadlines

The structure of each semester, as well as important deadlines and holidays are listed on the academic calendar. Please see the academic calendar here: students.uu.nl/hum-calendar

Programme dates and deadlines

Enrolment/registration

a. How: You register for courses via OSIRIS Student with your Solis-id, which can only be done during a specific registration period. Once you have correctly enrolled, you will receive a confirmation from Osiris through your Solismail. If you have not received this email, go to the Student Desk for help (Drift 10). Before enrolling, make sure to check the enrolment requirements and the schedule of the courses to avoid overlap.

Make sure to check the website for the important deadlines!

<https://students.uu.nl/en/practical-information/enrolment/course-registration>

5. Programme information

Programme outline

Year 1

Block 1	Block 2	Block 3	Block 4
Advanced Introduction to Gender Studies (5 EC)	Theory and Critical Research I (5 EC)	Theory and Critical Research II (5 EC)	Electives (5 EC)
Contemporary Feminist Debates (5 EC)	Electives (5 EC) - <i>Issues in Postcoloniality</i> - <i>Postsecular Perspectives</i> - <i>Feminist and Queer Studies: Special Topics</i> - <i>Electives courses from other programs*</i>	Researching Intersectionally I (2,5 EC) + Digital Humanities (2,5 EC)	Researching Intersectionally II (5 EC)
Humanities Today (5 EC)		Electives (5 EC) - <i>Gender and Social Inclusion</i> - <i>Gender Studies Now (NOG Research School)</i> - <i>Electives courses from other programs*</i>	Electives (5 EC) - <i>The Body Course</i> - <i>Gender, Art and Activism</i> - <i>Electives courses from other programs*</i>
Research School Courses (5 EC)			

* For choices of outside elective courses see <https://rm-electives-hum.sites.uu.nl>

Year 2

Block 1	Block 2	Blocks 3 + 4
Study Abroad (30 EC) <i>or</i> Internship (15 EC) <i>and/or</i> Electives/Research School (10-15 EC) - <i>Contemporary Cultural Theory</i> - <i>Tutorial Gender Studies**</i> - <i>Electives courses from other programs*</i>	Study Abroad (30 EC) <i>or</i> Internship (15 EC) <i>and/or</i> Electives/Research School (10-15 EC) - <i>Tutorial Gender Studies**</i> - <i>Electives courses from other programs*</i>	Thesis (30 EC)
Research Design I (5 EC) [RD I or RD II required]	Research Design II (5 EC) [RD I or RDII required]	
Research School Courses (5 EC)		

** Tutorial Gender Studies = Tutorials are intended to be small-group seminars and can be taken only after consulting with a teacher who is willing to serve as a supervisor. Students are only allowed to take (max.) 2 tutorial courses.

Courses

Below are included all courses in the Research MA Gender Studies curriculum. Full course descriptions can be found in the OSIRIS course catalogue and at <https://students.uu.nl/en/hum/gender-studies-research/curriculum>.

Compulsory Courses

Advanced Introduction to Gender Studies
 Contemporary Feminist Debates
 Humanities Today
 Theory and Critical Research I
 Theory and Critical Research II
 Researching Intersectionally (I + II)
 Digital Humanities in Intersectional Research: Power, Discourses and Data Analysis
 Research Design Seminar (I + II) (2nd year)

Elective Courses

Issues in Postcoloniality
 Feminist and Queer Studies: Special Topics
 Gender Studies Now: The Netherlands Research School of Gender Studies in Conversation
 Religion and Secularism: Postsecular Perspectives
 Gender and Social Inclusion: Affective Labour, Welfare and Feminist Interventions
 The Body in Feminist Theory and Practice

Tutorial Gender, Art and Activism Contemporary Cultural Theory (2nd year)
Tutorial Gender Studies (I/II)

Electives ICON and other

Students of the RMA Gender Studies can also choose from electives offered by other RMA programmes within the Faculty of Humanities. Check the current offerings at <https://rm-electives-hum.sites.uu.nl>. You may also follow courses at other universities. For regulations about approval of courses outside of our programme, see <https://students.uu.nl/en/hum/maps/practical-information/academic-policies-and-procedures>. Before you register for courses elsewhere, first discuss your plans with your mentor or the program coordinator.

Career orientation

During your study programme, you will not only gain knowledge but will also develop academic and professional skills. The Research MA Gender Studies primarily prepares you for an academic career, but you might also be interested in a career outside academia. In collaboration with Career Services, the Research MA Programmes in the Department of Media and Culture Studies provide guidance and reflection on career orientation (in or outside of academia).

In addition to the career information provided in the introduction week and the individual counselling options and training sessions offered by Career Services, the Gender Studies programme collaborates with Career Services to offer students two workshops, both taking place in the second semester of every academic year:

First-year workshop: Self-analysis for Career Development & Exploring the Job Market

Are you struggling to identify jobs that would suit you? Are you unsure how to pinpoint the topics you're passionate about? Do you wonder how to define your academic skills in a professional setting? In this workshop, we will consciously and actively engage with these questions so that you can discover what your skills are, what drives you, and what you desire out of a career. An experienced career coach will encourage you to look at different aspects of yourself and your life to extract information for your future. By mapping your interests, capabilities, motives and career values, you will determine what is (most) important to you and you will define what criteria your future job should meet.

This workshop will also consider the jobs, organisations and tasks that fit your preferences. The job market outside of academia offers innumerable possibilities. In this workshop you will gain a better understanding of organisations and positions, and learn how to use and improve your existing networks. We will look at the ways employers (both inside and outside academia) search for employees so that you can anticipate their needs. You will learn how to track jobs and vacancies, how to make use of your network, and how best to present yourself to prospective employers by preparing a professional pitch. When you complete this workshop, you will better understand how to approach the job market and will be more aware of the potential of your own networks. As a result, you will approach prospective employers with greater confidence.

Second-year workshop: The Art of Application

Do you know what is important during job interviews? This workshop will help you understand the employer's perspective and how to play into their needs effectively. In this workshop we will focus on interviewing for jobs or internships. You will also learn about the dos and don'ts of writing your CV and cover letter. For this workshop, it is important that you have a relatively clear idea of what kinds of organisations and jobs appeal to you.

In this workshop, you will analyse a vacancy of your choice in order to assess what an employer is looking for. You will examine how your motivation and experience align with the job. You will also practice answers to some common interview questions and will be coached on how to improve your presentation. This practical workshop will help you build confidence in applying for a job or internship. Afterwards, you can make an appointment with a career officer for a practice one-to-one interview, which will be recorded on video (if desired) so that you can evaluate your performance.

Career Services workshops might be incorporated in your master programme (ask your coordinator) but you are also welcome to join (other) workshops as an individual, for which you can register at www.uu.nl/careerservices, on the following topics: LinkedIn, writing a curriculum and cover letter, transferable skills, and working consciously & effectively. Career Services also offers several online tests. Visit www.uu.nl/careerservices for more information and check your email, blackboard or Facebook- and LinkedIn-groups for announcements.

Internship

An internship in the Research MA is a valuable addition to your training as a professional researcher. It allows you to experience working as an embedded researcher within academia, a research institute or external research project, or in the context of a professional organisation or cultural institution. An internship will allow you the opportunity to develop your research skills in a professional (research) environment, fine-tune your personal professional research profile and reflect on your role as a researcher in relation to the (wider) professional field. In the Research MA, a clear research component should be the focus of the internship.

The Research MA Gender Studies offers students the possibility of doing a research internship in their second year, preferably in block 1 or 2. This internship must consist of a work placement with a thorough research component totalling a maximum of 420 hours, which is equivalent to 10,5 weeks or 52 full-time working days (equivalent study load for 15 EC/block).

Finding an internship

If you are interested in doing a research internship, you are responsible for finding a proper position by approaching organisations or institutes. A list of possible internships can be found online via <https://stage.wp.hum.uu.nl/en/>. We highly recommend that you begin looking for an internship early, preferably before the summer holidays. Before the start of the internship, you will develop a work plan, which must be approved by both the programme supervisor and the internship supervisor before the internship contract can be signed.

Internship contract

The internship contract form can be found online at the Student Desk website. This contract outlines the basic financial and legal issues surrounding the internship. Most internships are unpaid, although students occasionally receive compensation. However, as this is not considered a salary, you are not covered by social security. Instead, this insurance is covered via the internship contract by the university. In case problems occur, you can contact the faculty internship-coordinator (stage.gw@uu.nl).

For the internship, you will be supervised by an internal supervisor (from the Gender Studies teaching staff) as well as an external internship supervisor (based at your internship organization). After finding a hosting organisation, institution, or project for your internship, you will discuss your research goals in dialogue with both internship

supervisors. This dialogue is important in order to ensure that there is a solid research component to your internship and that all parties involved have agreed on the internship activities and research. On the basis of this agreement you will write an internship work plan, which will include the research proposal for your internship. In the work plan, you will elaborate on the research you will be conducting and your research questions, as well as the practical tasks you will be fulfilling at your internship site. The work plan must include the following points:

- A description of the internship (organisation, assignment).
- A description of your motivation and your learning goals.
- Agreements on the method and intensity of supervision by both the organisation offering the internship and the supervising lecturer.
- A description of the research component.

Internship requirements

- a) The internship must be completed on a Research MA level. This means that your research internship must contain a significant research component and that you must have a sufficient amount of work-related responsibility at the internship-providing organisation. For more information, see: <http://students.uu.nl/en/hum/gender-studies-research/academics/internships>
- b) The internship must include an independent research focus with a well-formulated research question that is clearly outlined in the internship work plan and reflected upon in the final internship report.
- c) The internship must provide the possibility for you to learn to apply advanced academic research training in gender studies to a professional setting, methodologically, theoretically and practically.
- d) The internship-providing organisation should directly connect to your study programme in Gender Studies. If this is not the case, you must justify how the internship is relevant within the context of the Research MA programme.
- e) The internship-providing organisation must offer supervision and a working space.
- f) Next to your internship research project, you also have to write an internship report at the end of the internship (5.3.5). The deadline of this report is no later than two weeks after the final day of your internship.

Internship Supervisors

- a) During the internship you will be guided by two supervisors: a faculty member from the Gender Studies programme who acts as an internal supervisor, and an external supervisor from the internship-providing organisation or institute.
- b) Before commencing an internship, clear written agreements have to be made with both supervisors on the form and frequency of supervision. Both supervisors read the internship work plan and discuss with you the aim of the internship. The agreements have to be inserted in the internship work plan.
- c) Primary supervision will come from the internship-providing organisation where you work on a daily basis. The supervisor there (external supervisor) will be the first person that you address during your internship.
- d) Contact with the university supervisor (internal supervisor) can take different forms, varying from written reports, email contact or meetings. To avoid surprises and stress, it is important to keep your university supervisor informed about your proceedings. If possible, the university supervisor also visits the internship-providing institute at least once.

Internship report

At the end of the internship, you will write a detailed internship report in which you critically reflect upon your research activities during the internship, your research findings and your own learning process as an embedded researcher. In this report you will demonstrate a high level of critical reflection on your research – the development and different stages of the research, the arguments behind the choices you have made, methodologies you have or

have not employed, etc. – and on your own role as a researcher within this internship, including how this experience contributes to your training and personal development as a researcher.

The internship report must be submitted within two weeks after the final day of the internship. After completing the internship and internship report, you will receive up to 15 EC for the internship period (equivalent to a maximum of one block full-time registration).

The internship report should be written according to academic standards and contain the following elements:

- A brief description of the internship organisation and how the internship came about
- A presentation of the organisation, showing insight into the dynamics and its placement within a societal context
- A high level of critical reflection on your research project, in which different grammars of difference (gender, race/ethnicity, sexuality) and a focus on societally relevant processes (inclusion/exclusion; power; representation; justice; equality) are taken into account
- A reflection on the internship as a research process and within the broader context of the Research MA programme.

The internship report must be approved by both supervisors (internal and external). Students typically write a reflexive report of approximately 4000-6000 words, not including the products of the research project itself. Collected data (e.g., questionnaires, interviews, etc.) or other research outputs (e.g., events organised, texts written, reports developed) can be added to the report as appendices. You are expected to show a great deal of reflection on the internship, the organisation and the Research MA Gender Studies programme. The format is provided in the general internship leaflet of the Faculty of Humanities: <http://students.uu.nl/en/files/gw-internship-regulationspdf>

Grading

The final grade for the internship is determined by the university supervisor (internal supervisor). The grade is based on the internship report and the advice of the internship-providing supervisor (external supervisor).

Towards the end of the internship, the university supervisor will contact the internship-providing supervisor, who will give a reflection on your performance and an advisory grade.

N.B.: Once you have handed in the internship contract at the Student Desk, you will be enrolled for the internship. This does not happen through Osiris!

Thesis

Introduction

Your programme will conclude with a thesis (30 EC) in which you apply the skills, knowledge and insights that you have acquired during the Research MA. In the thesis trajectory, you will conduct independent research and write an academic research thesis. The Research MA thesis is a scholarly research project that takes the form of a well-researched thesis project within the discipline of Gender Studies, written individually and on a relevant subject chosen by the student and agreed upon with the supervisor.

Below is an overview of the practical issues surrounding RMA and GEMMA theses.

GEMMA students should also consult the thesis manual created by the GEMMA Consortium which will be published here: <https://masteres.ugr.es/gemma/>

Registration and Igitur

You must sign up for your thesis in Osiris.

In order to officially submit your thesis, you need to upload it in Osiris, following the guidelines explained here:

<https://students.uu.nl/en/hum/gemma/curriculum/masters-thesis>

Follow all the instructions there. When you have finished your thesis, you have to upload it in the online thesis database of Utrecht University (<https://studenttheses.uu.nl/>). This is required to graduate. It is also possible to view the work of other students -, sorted by subject or name.

GEMMA Students must register their thesis/dissertation with the Consortium by sending an email to both their home and mobility coordinators and the GEMMA administrator (gemma@ugr.es) with a word document attachment. The document should be 1-2 pages, including:

- dissertation/thesis title
- student name
- name of home and partner institutions (specifying where the thesis will be submitted), the main and support supervisors' names (always after having received the approval of both supervisors and both coordinators)
- 300-word abstract (written in the language in which the thesis will be submitted)
- This document should be submitted in February of the second year of the programme (fourth semester). This process is only necessary for GEMMA students, not for Research MA students.
- GEMMA students will be informed about this in due time by the GEMMA Coordinator at Granada University.

Learning Goals

After completion of the thesis trajectory, the student is able:

- A) to demonstrate the necessary analytical and writing skills to conduct independent scholarly research and present a theoretically sound and intersectionally developed argument in Gender Studies;
- B) to give a clear description and justification of, and to present and use in practice a feminist methodological and theoretical framework;
- C) to formulate clearly the central research question or problem of the thesis and present a convincing answer to it in the thesis;
- D) to critically position oneself in the scholarly debate and to contribute to this debate by producing new scholarly knowledge, presented to fellow researchers in the required academic form.

Subject

The thesis is a scholarly developed research project in which you are expected to contribute, on the basis of independent research, to a debate within the discipline. It should be structured around a central research question (set out in the introductory sections) to which the thesis provides a response and thereby offers an original contribution to existing scholarship (explicated in the individual chapters and in the conclusion). The central research question must be clearly formulated in the thesis and its relevance to scholarly discussions within the discipline has to be shown. The body of the text should give a clear description and justification of the methodological and theoretical framework that is used to develop the response(s) to the research question and should employ a case study relevant to the research question or problem and its socio-political relevance.

Length RMA thesis: 30.000-35.000 words (not exceeding 40.000 words), including notes and bibliography
Length GEMMA thesis: 25.000-30.000 words

When to start

Period	Tasks
Semesters 1 and 2	<p>Research potential thesis topics/questions</p> <p>If you go abroad, start considering possible thesis supervisors in Block 4 of your first year. If you are not going abroad, you have slightly more time, but regardless it helps to begin this process early.</p>
Semester 3	<p>Identify your research topic and questions</p> <p>Write a research proposal, which can also be used to approach a potential supervisor.</p> <p>Identify possible members of the teaching staff who are available to supervise your thesis. In Block 1 of your second year, you will also receive further information on choosing a supervisor from the programme coordinators.</p> <p>Meet with your assigned supervisor to discuss topic/proposal and deadlines.</p> <p>In consultation with your supervisor, approach a possible second reader.</p>
Semester 4	<p>Draft your thesis</p> <p>Regular meetings with your supervisor to discuss completed research and progress.</p> <p>Submit thesis before the summer (15 June) or by 15 August in order to graduate on time and give your supervisor and second reader sufficient time to read and grade your thesis.</p>

Language and referencing

The RMA thesis must be written in English. For GEMMA students, the institution awarding the credits for the MA Thesis will decide upon the language in which the thesis should be written (English, Italian, or Spanish).

In agreement with your supervisor, you can choose your own style of referencing, as long as it is an official one and is used in a consistent manner. Two styles that are often used within the Humanities are Chicago and MLA.

Chicago http://www.chicagomanualofstyle.org/tools_citationguide.html

MLA <http://www.bibme.org/citation-guide/mla>

There are also several (free) programs that generate references for you, such as:

Mendeley <https://www.mendeley.com/>

Zotero <https://www.zotero.org/>

Thesis proposal

It is compulsory to write a thesis proposal before the start of the thesis writing process. A thesis proposal can be used to approach a potential supervisor and gives you the opportunity to structure your ideas. A thesis proposal includes the following elements:

- A brief introduction to the topic, including a justification of its relevance;
- A clearly formulated research question and a number of additional sub-questions;
- A substantiated indication of the envisioned/projected research material and the considerations that play a role in determining and demarcating it (how much, how long, what and why, and what not). Herein the accessibility of the prospective material should be taken into account;
 - A description of the proposed theoretical framework, adjusted to the research question, in which core concepts, central arguments, key authors and relevant theoretical traditions are elaborated;
 - A description of the methodologies, including methodological literature and a reflection of their strengths and weaknesses;
 - A preliminary literature survey in which the accessibility of the proposed sources is taken into consideration;
 - A work schedule that indicates what specific steps will be taken at particular moments in time, and what the proposed date is for completing the final version of the thesis.

A research proposal can later be used in applications for PhD funding, such as the NWO Research Talent grant:

<https://www.nwo.nl/en> (PhDs in the Humanities)

Supervision

For Research MA students, the thesis is a compulsory component of the Research MA programme and should be supervised by a teacher in the programme. The second reader can assist in an advisory capacity, but the supervisor is responsible for primary supervision. A student is free to approach any teacher to act as supervisor, but supervision is based on teachers' availabilities.

For GEMMA students, the institution awarding the credits will allocate a main supervisor, attending to criteria of relevance to subject, availability of staff, and student preference. The other partner institution involved (home/mobility) will assign a support supervisor via its GEMMA coordinator. The thesis will be supervised primarily by the main supervisor, who will follow the procedures of their institution. Contact with the student will include a preliminary research design meeting and at least two progress interviews before the final draft is completed. The support supervisor will approve of the research design at the beginning of the fourth semester. Following submission of the thesis, both supervisors will write a final report (500 words maximum) to be submitted to the board of examiners nominated by the awarding institution.

Submission, assessment

The Research MA thesis must be submitted at the latest **by 15 August** to graduate in the same academic year. The Research MA thesis will be graded by the supervisor and the second reader, who have 10 working days to evaluate and ensure that the thesis conforms to the standards described in the Assessment Report (see info below on 'Evaluation form'). Both the supervisor and second reader will agree upon a grade for the thesis. If the thesis is graded below a 6.5, or the supervisor and second reader disagree over the grade, a third reader will be appointed, who will make an evaluation based on the findings of the supervisor and second reader. The evaluation of the third reader is binding. The thesis grade must then be handed in at the Research MA Office as part of the file necessary to submit for your graduation.

Second reader

The second reader will be chosen based on expertise on the topic of the thesis, and to this end the second reader can come from outside the department or even outside Utrecht University. The student can express a preference for a second reader, but it is always dependent on the availability of the reader. The second reader is not part of the supervision process.

GEMMA theses should be submitted and defended (if applicable) following the procedures and dates of the awarding institution, and always **by 15 August**. Consortium universities may establish provisions for the extension of this date according to their own rules and regulations. When needed, Consortium universities will establish an earlier submission date so that beneficiaries of the Erasmus Mundus scholarship can comply with the 24-months duration of the scholarship. The assessment will be carried out by a board of examiners nominated by the awarding institution and will include the participation of the support supervisor (or another member of staff from the partner institution), either in the viva/defence or by means of a written report. Evaluation criteria will be made public in advance and the EC grading system will be used.

Always check with the local GEMMA coordinator (Trude Oorschot) for updates on these procedures. Please also check the GEMMA site regularly: <http://masteres.ugr.es/gemma/pages/programa>

Evaluation form and final procedures

You will submit your thesis online, to a Case on OSIRIS Student. The administration of the Faculty of Humanities will initiate this Case, after which you will be able to upload your thesis as soon as it is ready. Both supervisors will assess and upload their assessment of the thesis to OSIRIS Case. For more information, see: <https://students.uu.nl/en/hum/practical-info/graduation/how-to-upload-your-thesis>

Format of the Thesis

- Title page
 - O Title of the thesis
 - O Name of the researcher
 - O Names of the main supervisor and the second reader/supervisor
 - O Name of the institution and department where the thesis/dissertation is to be submitted
 - O Date of submission
 - O Institutional logos where applicable: for Research MA students, the UU logo; for GEMMA students, the logos of both partner universities, as well as the Erasmus Mundus and GEMMA logos (check with local regulations)
 - O For GEMMA students: GEMMA Consortium Cover Page, with approval signed by main supervisor and GEMMA logos.
- Abstract
- An abstract of 300 words in English, and for GEMMA students, if the language of the thesis is Italian or Spanish, a 300-word abstract in that language as well.

Suggested structure of contents:

The final structure should be agreed upon with the main supervisor.

- Title / cover page
- GEMMA Consortium Page, if applicable
- Abstract(s)

- Acknowledgements (optional)
- Table of contents
- Introduction
- Theoretical / Methodological / Literature review chapter
- Core of the thesis (results / discussion), divided into relevant chapters and sub-sections
- Conclusions
- References
- Appendices (optional, not included in the word count)

Plagiarism

Utrecht University considers any form of academic dishonesty to be a very serious offense. Utrecht University expects each student to be familiar with and to observe the norms and values that ensure academic integrity.

Therefore, when you start writing your thesis you will have to hand in the Plagiarism rules awareness statement (www.students.uu.nl/en/files/gwalgemeenplagiarism-awareness-statementpdf). With this, you declare that you are aware of and will abide by the norms and rules on fraud and plagiarism of Utrecht University.

Tips and Tools

Thesis writing can be a challenging process, but it doesn't have to be dreadful! There are many ways to meet the challenges of thesis writing that are not necessarily located in your theoretical framework. Here, we have collected some tips and tools to help make the thesis writing process an (even more) rewarding experience.

The Writing Process

If you don't know where to get started, the following books and websites might be helpful:

- Write No Matter What: Advice for Academics, Joli Jensen
- It Was the Best of Sentences, It Was the Worst of Sentences, June Casagrande
- Writing Your Journal Article in 12 Weeks, Wendy Laura Belcher
This book is directed at early-career academics, but the advice and structure Belcher gives can be easily adapted to thesis writing
- How to Write a Thesis, Umberto Eco
Although this book was written before the invention of the Internet, Eco's fluent writing and advice on things like how to avoid 'thesis neurosis' can be both very helpful and very comforting to read during the thesis-writing process
- 'The Guardian's Guide to Writing a Thesis'
Compared to the other two, this piece is a bit basic, but contains information (especially by clicking through the pages) that might still be of use to get you started:
<http://www.theguardian.com/education/series/dissertation-dos-and-don-ts>
- Utrecht University's thesis archive Igitur can also be a helpful place for inspiration on how to write your theoretical framework, or your thesis structure, or maybe even a thesis topic.

Academic English

At the beginning of each academic year, you will have the possibility to join a workshop on writing in academic English, specifically designed for Research MA students. It does not matter whether you write quite well already or are still insecure about your writing skills, this workshop will help every non-native speaker with their writing. At the beginning

of the year you will receive an email notifying you that you can sign up for the workshop. This does tend to fill up quite quickly so be sure to sign up early.

Utrecht University also offers you workshops for developing academic skills and academic writing. An overview of these workshops can be found here: <https://students.uu.nl/en/guidance-and-development/skills-lab/find-a-workshop>

Time Management

It's easy to spend the whole day in the library, working hard but ending up with nothing to show for it. How can you use your time more effectively, and end up with a better thesis and more free time? Here are some (tried and true) time-management tips:

- The Pomodoro system: This system recommends that you do highly focused work in short bursts of 25 minutes with 5-minute breaks in between. After four times 25 minutes, you take a longer, 15-minute break, after which the cycle starts again. There are many apps available for smartphones and computers, including several that block distracting websites for 25 minutes. More information can be found at: www.pomodorotechnique.com;
- 'Suffering Free Academic Writing': This is a lecture series on YouTube by Alexis Shotwell on the technique of working a maximum of three times 45 minutes a day, maintaining high focus during the 45 minutes and taking a relaxing break after each session. The first video can be found here: <https://www.youtube.com/watch?v=cRFsuNczljk>;
- The books on the writing process recommended above also give helpful advice on time management.

Isolation

Thesis writing can be a lonely and isolating process, but it's worth trying to avoid or break through this isolation - both for your mental well-being and for the quality of your thesis! Some things you can do include:

- Organize study groups or days when you and others in your programme can come together to work on your theses
- Likewise, meet your classmates to explicitly not work - it's important to take breaks!
- Go to a conference or seminar related to your research area - talking to people who work in the same field as you can help you feel connected, inspired and confident.

Making Your Research Public

Even if your thesis is not done yet, it can be a great exercise (and a boost of confidence) to make your research public, for example by presenting it at a conference. To stay up to date on conferences in your field, sign up for academic newsletters (and if you don't know where to start, ask your supervisor for recommendations). Presenting at a conference demands that you formulate your research in an accessible way, which can help you understand what you're trying to communicate. Moreover, the questions and feedback you'll get at the conference can give you new insights and help you further with your thesis. Lastly, a conference presentation looks great on your CV!

When you have finished your thesis, you will have to publish it on Igitur, Utrecht University's thesis archive. However, especially if you're not continuing with the research you've conducted in your thesis in a PhD project, we recommend that you consider publishing (part of) your research in an academic journal. One such journal you could publish in is the Utrecht University-based journal Junctions: Graduate Journal of the Humanities (www.junctionsjournal.org), but you can also find journals in your field.

Policies and Procedures

EDUCATION AND EXAMINATION REGULATIONS

Every programme has its own Education and Examination Regulations (EER), in which the specific rules and regulations of that programme are described. There are also general Education and Examination Regulations that all Humanity programmes must adhere to.

The EER of your programme can be found via the website <https://students.uu.nl/en/hum/gender-studies-research/practical-information/academic-policies-and-procedures/education-and-examination-regulations>

FRAUD AND PLAGIARISM

The most serious forms of deception that can impair integrity are fraud and plagiarism. Plagiarism is a form of fraud and is defined as the wrongful appropriation of another person's work without proper citation. The text below provides further elaboration on what may be considered fraud or plagiarism, along with a number of concrete examples. Please note that this is not a comprehensive list!

If the university discovers a case of fraud or plagiarism, the study programme's Examination Committee may implement sanctions on the offender. The most serious sanction that the Examination Committee may implement is the submission of a request for expulsion to the Executive Board.

Fraud

Fraud may include:

- Copying answers from another person during an exam. The person providing the opportunity to copy is considered an accomplice to fraud;
- Being in possession of (i.e., having/carrying) tools and resources during examinations, such as pre-programmed calculators, mobile phones, smartwatch, smartglasses, books, course readers, notes, etc., consultation of which is not explicitly permitted;
- Allowing others to complete all or part of an assignment, and passing it off as your own work;
- Acquisition of the questions or answers of an exam prior to the time the exam is to take place;
- Fabrication of survey- or interview answers or research data.

Plagiarism

Plagiarism is the appropriation of another person's work, thoughts, or ideas and presenting this as one's own work.

The following are some examples of what may be considered plagiarism:

- Copying and pasting text from digital sources, such as encyclopaedias or digital periodicals, without using quotation marks and referring to the source;
- Copying and pasting text from the Internet without using quotation marks and referring to the source;
- Copying information from printed materials, such as books, periodicals or encyclopedias, without using quotation marks and referring to the source;
- Using a translation of the texts listed above in one's own work, without using quotation marks and referring to the source;
- Paraphrasing from the texts listed above without a (clear) reference: paraphrasing must be marked as such (by explicitly linking the text with the original author, either in text or a footnote), ensuring that the impression is not created that the ideas expressed are those of the student;

- Using another person's imagery, video, audio or test materials without reference and in so doing representing them as one's own work;
- Resubmission of the student's own earlier work without source references, and allowing this to pass for work originally produced for the purpose of the course, unless this is expressly permitted in the course or by the lecturer;
- Using other students' work and representing it as one's own work. If this occurs with the other student's permission, then he or she may be considered an accomplice to the plagiarism;
- When one author of a joint paper commits plagiarism, then all authors involved in that work are accomplices to the plagiarism if they could have known or should have known that the other was committing plagiarism;
- Submitting papers provided by a commercial institution, such as an internet site with summaries or papers, or which have been written by others, regardless of whether the text was provided in exchange for payment.

For more information, see <http://students.uu.nl/en/practical-information/policies-and-procedures/fraud-and-plagiarism>

COMPLAINTS

If you feel you have not been treated properly by someone employed by Utrecht University, or if you disagree with a decision that affects you personally, you can respond in a number of ways.

A complaint relates to conduct towards you. You cannot submit a complaint about a general rule or scheme.

For more information, see <https://students.uu.nl/en/practical-information/policies-and-procedures/complaints-objections-and-appeals>

APPEALS

Every Dutch university has an Examination Appeals Board to which students can appeal.

This Board is an independent appeals board established in accordance with the Higher Education and Research Act [Wet op het Hoger Onderwijs en Wetenschappelijk onderzoek]. It includes members from various different faculties. The chair and the deputy chair are both lawyers. Students also serve on the Examination Appeals Board.

You can appeal decisions related to:

- Satisfying the requirements of the final academic review in connection with the performance-linked grant
- Examination eligibility
- A colloquium doctum (entrance examination) and addressing any deficiencies
- Admission to the university teacher training programmes that qualify graduates to teach all classes at senior general secondary education (havo) and university preparatory education (vwo) level
- Negative binding recommendation concerning the continuation of studies
- Admission to a Master's degree programme
- Admission to a degree programme for which selection criteria are applied
- Decisions made by Boards of Examiners and examiners.

For more information, see <https://students.uu.nl/en/practical-information/academic-policies-and-procedures/complaints-objections-and-appeals/examination-appeals-board>

General information new Research Master students

This information sheet gives you an overview of the facilities organized for all Research Master students of the Faculty of Humanities.

HUMANITIES GRADUATE SCHOOL CONFERENCE

The Humanities Graduate School Conference is a conference by and for Research Master students and PhDs at the Faculty of Humanities. It aims to provide an interdisciplinary conference to strengthen the academic community within the Graduate School. Furthermore, the conference will allow students and PhDs to obtain valuable experience in presenting and discussing their own work.

The Graduate School has made a sum of €10.000 Euro available for the organization of the conference. The format of the Humanities Graduate School Conference is not determined yet, but one could consider for example:

- Keynote speeches
- Parallel sessions
- Workshops
- Poster presentations
- Prizes for best RMA- & PhD-paper

The organization of the conference will be done by RMA-students and PhDs. A steering committee of academics from the Departments will support the organizing committee. Moreover, collaboration can be sought with the journal *Junctions of the Humanities Graduate School*.

<https://hgsc.sites.uu.nl/>

RMA CONFERENCE GRANTS

Research Master students are encouraged to participate in international conferences. To stimulate this participation, the Graduate School of Humanities awards several Conference Grants over the year. Students who wish to be considered for such a grant are asked to submit a proposal. Deadlines for applications are May 1 and December 1. Applicants who do not present at a conference do not qualify for a grant.

See at the bottom of this page: <https://students.uu.nl/en/hum/gender-studies-research/practical-information/financial-matters>.

NATIONAL RESEARCH SCHOOL

The Faculty of Humanities believes it is important for you as a Research Master student to participate in a National Research School relevant to your programme and research interests. In our Research Master programmes it is mandatory to earn 10 ECTS from courses by a National Research School of your own choosing.

All RMA Gender Studies and GEMMA students will be enrolled in the Netherlands Research School of Gender Studies (NOG). Please contact the programme coordinators if you have further questions.

6. Practical Information

Study delays

Study delays can be caused by different circumstances and situations and can have serious consequences. Always contact the Study Advisor if you are expecting a delay in your studies of more than one month.

Study delays can be the result of study-related problems such as ineffective study methods, stress or procrastination. If necessary, you can schedule an appointment with a Student Psychologist or Student Counsellor for guidance and advice via Student services: studentservices@uu.nl. Please mention your student number when you contact them.

UNEXPECTED CIRCUMSTANCES

Your studies can be delayed due to circumstances beyond your control, such as illness, psychological problems, family circumstances or other situations. If you are a full-time student and your studies have been delayed as a result of such unexpected circumstances, you may be able to receive financial compensation from Utrecht University. For further information about conditions and the procedure, please schedule an appointment with a Student Counsellor (via Student services).

FORESEEN STUDY DELAYS

In other situations your study delay may be known in advance:

- Pregnancy
- Waiting time internships
- Board activities in a student organisation
- Disabilities or (chronic) illness
- Student athletics

For more information, see <https://students.uu.nl/en/practical-information/advising-and-counselling/study-delay/>

Workshops

Workshops for developing academic skills and academic writing are offered to help you with your studies. Although most (but not all) courses are offered in English, they may not all be listed on the English version of the Utrecht University site. If you are interested in taking one of these workshops, it is best to contact Educational Development and Training at Onderwijsadviesentraining@uu.nl.

The Graduate Gender Programme also organises occasional workshops with guest lecturers. As a Research MA student, you will automatically receive invitations for these workshops. You will also receive regular calls for participants in workshops at various national and international research schools. An effective way to stay updated about these workshops is by signing up for the NOG, PCI, and ATGENDER newsletters.

See the following links for more information: <http://www.graduategenderstudies.nl/>, <http://www.postcolonialstudies.nl/> and <http://atgender.eu/newsletter/mailling-list/>.

Moreover, there are also language courses on offer by Babel. They offer Dutch and English courses and several foreign language courses in Dutch and/or the target language. For the language courses by Babel: www.babel.nl

SKILLS LAB

The Skills Lab is an accessible service desk where you can get a clear idea of what extracurricular courses, workshops, individual tutoring, electronic tools, etc. are available within this University. Much is available, but this wealth of resources can be hard to find and access for students with specific questions. We can show students

where to go to improve any skill, be it writing, presenting, studying, or job-hunting. There is a physical desk at the second floor of the University Library Uithof.

For more information, see <https://students.uu.nl/en/student-life-and-career-orientation/workshops>

Graduation

Your Faculty's Board of Examiners determines your graduation and your final examination date (the date on your diploma). Once you meet all examination requirements, you are eligible to graduate. The Board of Examiners will inform you by email as soon as you are near to meeting all examination requirements.

Please note that graduating does not always mean that your enrolment will automatically end! If you wish to terminate your enrolment before the end of the academic year, you must do so yourself.

Do you wish to postpone your graduation? It is important to file a request for postponement with the Board of Examiners within two weeks of them informing you of your imminent graduation. So keep a close eye on your UU email account!

CUM LAUDE

As it is written in article 6.2 of the faculty part of the EER 2022-2023 Check the latest version here: <https://students.uu.nl/en/hum/gender-studies-research/practical-information/academic-policies-and-procedures/education-and-examination-regulations>

- a) The Master's Degree may be awarded 'cum laude' if each of the following conditions has been met:
 - a weighted average mark of at least 8.0 has been earned for the components of the study programme;
 - the mark for all components is 7.0 or higher;
 - the credit load of exemptions that do not count does not exceed 15 EC;
 - the Board of Examiners has not taken any decision as referred to in Clause 5.15, Subclause 4 under b);
 - the mark for the final thesis is 8.5 or higher;
 - the student has passed the final examination of the Master's Programme within one year (part-time within 2 years).
- b) Results that have not been expressed in a mark will not be counted in the assessment of the degree classification.
- c) The Board of Examiners may, on its own initiative or the initiative of a teacher, in individual cases make an exception to this rule, to the advantage of the student.
- d) The cum laude classification will be stated on the degree certificate.

TERMINATION OF ENROLMENT

If you wish to terminate your enrolment, this will be done as of the 1st of the month following your request for termination. This means that if you submit a request for termination in the month of September, your enrolment will be terminated as of 1 October. You cannot terminate your enrolment retroactively. When you graduate, you may choose to terminate your enrolment as of the 1st of the month following your graduation date. You may also stay enrolled for the remainder of the academic year, in which case your enrolment automatically ends as of 1 September.

If you wish to end your enrolment as of 1 September, there is no need to request a termination of enrolment. Your current enrolment will automatically end as of 1 September.

For more information, see <https://students.uu.nl/en/practical-information/enrolment/termination-of-enrolment>

VALIDITY RESIDENCE PERMIT

If you are a non-EU/EEA student and hold a residence permit for study purposes, your residence permit is only valid while you are enrolled as a student at Utrecht University. Your residence permit becomes void following termination, and you will be required to leave the country within 28 days. For more information, please contact the visa department at visa@qdesk.uu.nl.

Solis-id

Your Solis-id is your user name for most university services. Used in combination with your Solis password, it gives you access to services such as OSIRIS, Blackboard and Surfspot. You must also use your Solis-id to log on to university computers.

You will be sent your Solis-id and password in two separate emails once you are enrolled at the university. If you have not received these emails, please take your student card or proof of enrolment to UU for Student Services. If you have received your Solis-id but not your password, go to the password self-service to change your password.

AFTER DEREGISTRATION

Once you are no longer enrolled at Utrecht University you will be sent an email warning you that your Solis-id and password are only valid for another 180 days. After this six-month period, you will no longer be able to use the IT services associated with your Solis-id. Your email address will also be terminated. It is, therefore, important that you save and secure any files and emails that you want to keep before then.

Do you want to back up your e-mails? You can easily do this by making a copy of the data from your account via Google takeout.

PASSWORD SELF-SERVICE

In the Solis-id password self-service (www.uu.nl/password), you can change your Solis-id password. Here you can also create a new password if you have forgotten your password or if you never received one. For more information, see <https://students.uu.nl/en/solis-id>.

Osiris

Osiris Student is the internet portal to the Osiris study information system. Here you can register for course offerings and tests and review your results and course schedule.

Access Osiris Student with your Solis-id via www.uu.nl/osirisstudent or click on the Osiris-icon at the bottom of every page on this website.

Blackboard

All Utrecht University students and staff use the digital learning environment Blackboard. You can use the Blackboard Mobile Learn app to access Blackboard information on mobile devices. This app is suitable for Android, Blackberry, iPhone, iPod Touch and iPad. In Blackboard, under 'Support' > 'Support students', you will find a Quick Start Guide to help you get started.

MyUU app and MyTimetable

In the MyUU app for students you will find your grades from Osiris, your student card and your personal timetable. Download the app from the app stores of Android and Apple. Once installed you log in with your Solis-id and password. MyTimetable is the timetable website of Utrecht University. Log on using your Solis-id and password. More information on <https://students.uu.nl/en/mytimetable>. In due time the timetables in OSIRIS Student and on <https://students.uu.nl> will no longer be available. We advise you, therefore, to use MyTimetable or the MyUU app from now on. Timetable changes may not appear real-time on the old websites.

WiFi

Utrecht University uses a wireless network called "Utrecht University" in all university buildings. Log in using your Solis-id with @soliscom.uu.nl (for example [Solis-id]@soliscom.uu.nl) and your password. You can find help setting up this network on your device at <https://students.uu.nl/en/practical-information/it-facilities/eduroam-wifi>.

Eduroam is also available at other educational institutions, both nationally and internationally. You can log in to the Eduroam network at any location using your UU Solis-id and password.

Library

Utrecht University has multiple libraries, but the most important ones for Humanities are found in the city centre and in the Utrecht Science Park (also referred to as 'de Uithof'). Both locations have a large collection of books, manuscripts, journals, films and audio files. It is also possible to make use of the computers and printers and study in the designated study areas.

University Library City Centre

Drift 27 (bike racks Wittevrouwenstraat 7-11 and Keizerstraat) Tel: 030-253 6115

University Library Uithof

Heidelberglaan 3 (Uithof)

Tel: 030-253 6601

BORROWING BOOKS

You must have a library card to be able to borrow books. This card is available for free for UU students and can be created for you at the library desk. The standard loan period of books is 28 days, although some books and journals are only lent for a shorter period. Using the website, you can renew items (if they are not reserved by another patron). You can borrow up to 15 books at a time. Should you need more books due to exceptional circumstances, please speak with a librarian to gain permission to increase the number of loans.

Using the catalogue, you can reserve books. Once you have done that (and if the book is available/not on loan at that time), the university library team will collect the book and place it on a hold shelf at the entrance to the library ('de afhaalkast'). Books that are not stored in the depot are easily accessible in the stacks. Look up the shelf number in the catalogue or browse through the bookcases until you find what you are looking for.

If you do not return your books on time, you will receive a reminder and a 7-day extension to return them. If the books are not returned by the end of the seventh day, you will be fined. This fine will depend on the amount of books and the amount of days they are overdue. You can pay your fine at the desk or at the designated pay machine. You will also be fined for damaged books, so make sure you look after them!

'COLLEGEPLANKEN'

Teachers can choose to reserve certain books and have them placed on a specific shelf for the duration of their course. These shelves are called 'collegeplanken' and cannot be borrowed for the duration of the course. This way, all students can consult the books in the library and make copies if necessary. The collegeplanken can be found in the city centre library and are labelled according to the title of the course.

For more information and the library catalogue: <https://www.uu.nl/en/university-library>

Course evaluations

Good quality education is important to students, teachers, and the Faculty of Humanities. In order to guarantee the quality of education, the faculty and programme would like to know your opinion on the courses you have taken. At the end of each block, you will receive an invitation via email to fill in a questionnaire and to provide feedback for each course.

The digital evaluation system Caracal (caracal.science.uu.nl) is used for course evaluations. You can log on to Caracal using your Solis-id and password. You will then see the course evaluations that apply to you. Evaluations are composed of open and closed questions. All answers are processed anonymously.

After the deadline you will be able to see the results for evaluated courses in Caracal. All answers to the open and closed questions are visible to students who attended the course and to the course coordinator(s). The coordinator(s) can also post a reaction to the course evaluation. Students who did not attend the course only see the answers to the closed questions and not the reaction of the coordinator(s).

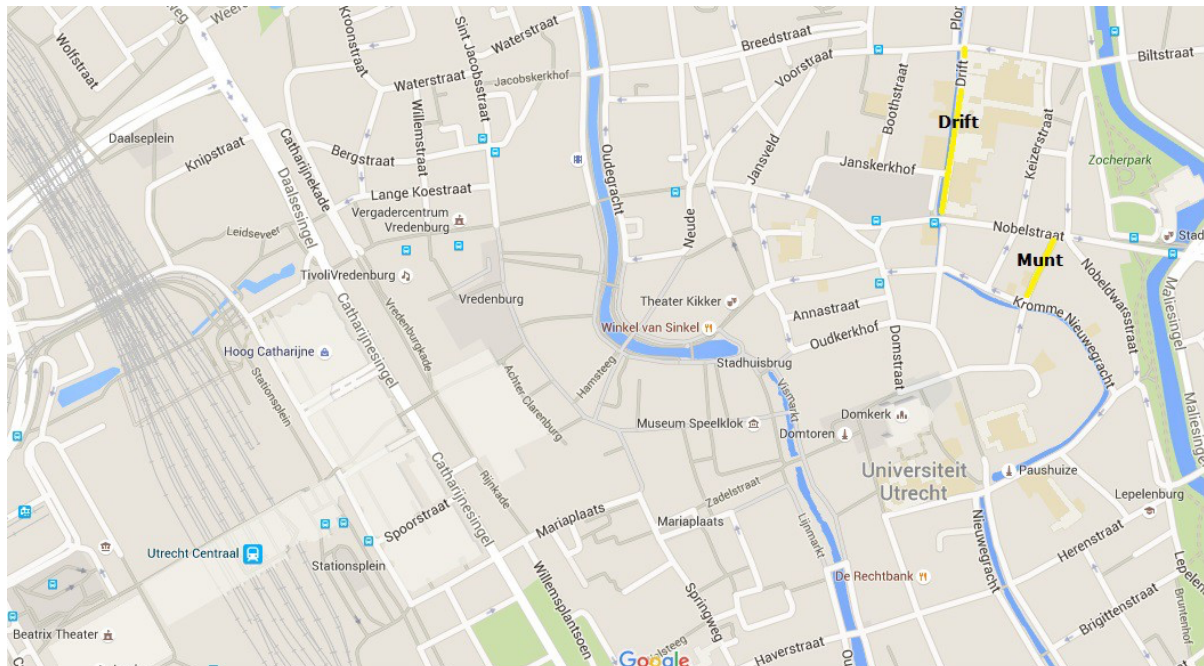
The Curriculum Committee will carefully review the results of the course evaluations and address potential problems or compliment good initiatives. They will publish their advice in Caracal for all students to see. This will occur twice each year, prior to the course registration period. It is therefore advisable to occasionally log in to see if the Curriculum Committee has posted their advice or if the coordinator has responded to course evaluations.

Locations

Most of your courses will take place at the Drift in the city centre of Utrecht. In most cases, meetings with teachers, mentors, and supervisors will happen nearby or at Muntstraat 2-2A.

For information on the locations and opening hours of the various buildings, see:

<http://www.uu.nl/organisatie/faculteit-geesteswetenschappen/contact/panden-en-openingstijden>



7. Getting Around

Housing

Finding accommodation in Utrecht can be quite a challenge. Utrecht is one of the most popular university towns in the Netherlands, and the demand for student housing is very high. It is therefore absolutely necessary to start looking for accommodation as soon as possible.

You may find accommodation via Dutch housing websites such as Kamernet (www.kamernet.nl), SSH (www.sshxl.nl) or the Utrecht International Student Facebook page (<https://www.facebook.com/groups/UtrechtInternationalStudents/>), The Fizz (<https://www.the-fizz.com/en/student-accommodation/utrecht/>) all of which are accessible in both English and Dutch. SSH also reserves completely furnished rooms for international students (limited availability, first come, first served basis!), so you might give that a shot if you are still looking for accommodation. Searching for a room online may or may not prove successful for you, so it may be advisable to ask UU's International Office for help.

Usually, Dutch accommodation websites offer housing to the person with the 'oldest' registration number. Some accommodations are available immediately, while for others you need to have been registered for a longer period (between 4 and 18 months). When searching for a room, you are usually invited to a Present Yourself Night, where you visit the floor or house in which a room will be available to view the room and meet your prospective co-tenants.

Keep in mind that when meeting the requirements, you might be eligible for the rent allowance. For more information visit:

https://www.belastingdienst.nl/wps/wcm/connect/bldcontenten/belastingdienst/individuals/benefits/moving_to_the_netherlands/i_live_in_a_rented_house/i_live_in_a_rented_house

Utrecht: getting around

Getting around the city of Utrecht, with its cobweb of canals, streets and alleyways can be a bit tricky at first. You have to constantly bear in mind that in the centre not a single street is straight. In order to avoid getting lost, it can be useful to keep a map handy, but do not worry. Utrecht is a small city and you will be able to find your way around soon enough!

For the public transportation system in the Netherlands, DUO offers student products which allow the students meeting the criteria travel for free on chosen days. For more information on the DUO grants, please visit:

<https://duo.nl/particulier/>

By foot

Most distances within the city centre are short, thus nearly everything can be reached by foot. This way of travelling also offers the best views of the city's historical buildings and canals.

Bike

The bicycle is the quintessential means of transportation in the Netherlands. While offering great views of the city, going by bike is often the fastest way to get to where you want to go within the city centre. Therefore, you might consider buying a bicycle during your stay in Utrecht. If you do, please bear in mind the following:

- a) Affordable second-hand bicycles can be purchased at bike shops. Note that bikes that are offered to you on the street are usually stolen property. Although attractively cheap, buying one can land you a stiff fine.
- b) When buying a bike, make sure that it has working breaks. If you plan to use it at night, check that it has a working light as well. You can also buy separate lights at several stores. Although many locals bike without a light, doing so can yield a fine.
- c) Unfortunately, bike theft is a common occurrence in Utrecht. You should therefore always lock your bike to a fixed object (such as a lantern or a gate), preferably with more than one lock.
- d) In case you are not an experienced cyclist, be careful. Always stay on the right side of the cyclist lane. Do not suddenly stop and if you do, make sure you step aside. In general people cycle quite fast in the Netherlands, so either try to go along with the traffic or make sure you are not hindering other cyclists. Finally, a bell is quintessential to friendly warn pedestrians or other cyclists you want to pass.

Public Transport

OV-chipkaart

The OV-chipkaart is used for all public transportation in the Netherlands. This card resembles a bank card and contains an invisible chip. The OV-chipkaart can be topped up with credit in euros, which allows you to travel anywhere within The Netherlands, or you can add a travel product such as a single or season ticket. Every time you enter a bus, tram, metro or train you must check in and when you leave you must check out at special gates. Don't forget to check out, as you will be charged 10 euros on your card! To obtain a personal OV-chipkaart, you will need to be able to make payments with IDEAL and have a digital photograph of yourself. For €7,50, you can also buy an anonymous OV-chipkaart at the counters of public transport companies, vending machines and supermarkets.

You can apply for a personal card at:

<https://www.ov-chipkaart.nl/purchase-an-ov-chipkaart/apply-for-personal-ov-chipkaart.htm>

Bus

Taking a bus is the perfect way to get around Utrecht quickly and cheaply without getting tired. From the bus platforms below the train station, buses depart regularly in all directions.

Train

The train system in the Netherlands is mostly run by the NS (Nationale Spoorwegen). Because Utrecht is located in the middle of the Netherlands, trains depart from Utrecht Centraal Station to virtually anywhere. The train will take you to Amsterdam in under 30 minutes, to Rotterdam in under 40 minutes and to Antwerp (Belgium) in a little over 2 hours. When visiting Amsterdam, Rotterdam, The Hague and Leiden, you do not have to worry about the time, as night trains run between Utrecht and these cities all night long, every day of the week. On weekends (Thursdays till Saturdays) night trains run between Utrecht, Tilburg, Eindhoven and Den Bosch as well.

If you plan on doing a lot of travelling by train, you might consider buying a discount pass. For €50 (annually) this pass gives you a 40% discount on off-peak train travel, and it allows you to take up to 3 people with you at the same reduced rate during off-peak hours.

Taxi/cab

Taking a cab in the city of Utrecht is expensive. However, UTC (030-230 0400) has the best deal; they will take you anywhere in the city for under €15, when you order a cab by phone.

Libraries

University Libraries

(See 6.9)

Public Library Utrecht

Neude 11

klantenservice@bibliotheekutrecht.nl

Opening hours:

Monday – Saturday 09.00 – 21.00 hrs

Sunday 10.00 – 18.00 hrs

* For a small membership fee, you can borrow books, music and films from the library's collection. Inside you will find an Internet café that sells excellent cappuccinos.

Women's Library Utrecht

Gansstraat 161a Tel: 030-254 3450

vrouwenbibliotheekutrecht@xs4all.nl / vrouwenbibliotheek.wordpress.com

For accurate opening hours, please check their website. You can always make an appointment to visit.

Atria, kennisinstituut voor emancipatie en vrouwengeschiedenis (Institute for gender equality and women's history)

Previously known as "International Information Centre and Archive for the Women's Movement (IIAV)" Vijzelstraat 20, Amsterdam

Library opening hours:

Tuesday to Friday 10.00 -17.00 hrs

Tel: 020-30 31 500

info@atria.nl / <https://www.atria.nl/nl>

Apart from lending books, Atria has an impressive international archive that covers many topics, countries, times and objects. You will probably find a lot of useful material for your research here. It also provides spaces to study and organizes multiple events throughout the year that are worth visiting. A must for all Gender and Women's Studies students!

Bookstores

Savannah Bay

Telingstraat 13

Tel: 030-231 4410

Email: info@savannahbay.nl / www.savannahbay.nl

The Gender Studies Programme endorses buying your books at Savannah Bay. Apart from carrying an impressive collection of academic publications, Savannah Bay is your one-stop-shop for hard to find feminist and queer literature, films and music as well as quirky handmade gifts. If what you are looking for is not in stock, Savannah Bay will be happy to order it for you. The owner Marischka Verbeek is a Utrecht Gender Studies graduate. She has a lot of information not only on books, but also on gay and lesbian activities or the women's movement!

Antiquariaat Vrouwenindruk

Floris Heermalestraat 1bis Tel: 030-231 8906

Email: vind@xs4all.nl

This webstore helps you find old, rare, out-of-print and second-hand books on women writers (novels, poetry and literary criticism in English, German and Dutch), women's history (research and biographies), women's suffrage (original publications and research), women's studies, research on the role of women in society and lesbian studies and literature.

Broese Boekverkopers

Oudegracht 112-b

Tel: 030-233 5200

This largest bookstore in Utrecht has a huge collection of literature in several languages. Look for academic books used in Utrecht University courses at Minrebroederstraat 13 and Heidelberglaan 2 (Uithof).

Internet Access

ICT Servicedesk

Heidelberglaan 8

For problems, you can call 030-253 4500 (Monday to Friday from 7:15 – 22:30 hrs, Saturday 10:00-18:00, Sunday 10:00-22:30)

As a student of the Faculty of Humanities, you can log in to any of the computers with your Solis-ID. Please bear in mind that in order to use the printers you will have to purchase a printing quota.

Health

Childcare

Stichting Skobi Vissersplein 140

Tel: 030-233 3433

Skobi can assist you in finding reputable and trustworthy childcare facilities. Their services are used and endorsed by the University.

Sexual and reproductive health

GG&GD

De Dreef 5, Zeist

Tel: 030-608 60 86

<https://www.ggdru.nl/over-de-ggd/contact-en-bereikbaarheid.html>

De Gemeentelijke en Geneeskundige Gezondheidsdienst (GG&GD: The Municipal Medical & Health care Service) can serve as a starting point in your search for medical, sexual and reproductive health care.

You might also consult your general practitioner.

COC Midden Nederland

Email: info@cocmiddenederland.nl / www.cocmiddenederland.nl

The COC fights for the interests of LGBT people and for the general acceptance of homosexuality. The office of the COC Midden-Nederland (Central Netherlands) is available for all questions of an informative nature. Do you, for example, want to know what Utrecht gay nightlife has to offer? Do you want to know when people meet at the COC? Or are you looking for a gay-friendly doctor?

Shopping

Shops in Utrecht typically have the following opening hours:

Monday:	9.00 – 18.00 hrs*
Tuesday:	9.00 – 18.00 hrs
Wednesday:	9.00 – 18.00 hrs
Thursday:	9.00 – 20.00 hrs
Friday:	9.00 – 18.00 hrs
Saturday:	9.00 – 17.00 hrs
Sunday:	12.00 – 17.00 hrs (however not every shop might be open)

* note, some shops are closed on Monday mornings till 13.00 hrs or even all day on Mondays.

Markets

<https://www.utrecht.nl/wonen-en-leven/vrije-tijd/markten/>

Utrecht has several markets throughout the city where you can find food, toiletries, clothing and typical snacks like Vietnamese spring rolls, Dutch poffertjes or fresh fish.

Breedstraat	Saturday	08.00 – 13.00 hrs Fabric
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Jacobskerkhof	Saturday	08.00 – 17.00 hrs Second hand
Janskerkhof	Saturday	08.00 – 17.00 hrs Flowers and plants
Oudegracht	Saturday	08.00 – 17.00 hrs Flowers and plants
Vredenburg	Wednesday, Friday, Saturday	10.00 – 17.00 hrs Groceries, toiletries
Vredenburg	Friday	10.00 – 17.00 hrs Organic food

Food

Dining out in Utrecht can be expensive. Here we have listed some of our more affordable favourites. But please do not let this stop you from trying out one of the many great places that are scattered all over the city centre. And for those days when you do not feel like cooking or eating out, we have listed some great take-out and delivery services.

Lunch and coffee

Bigoli (Schoutenstraat 12)

For a proper Italian sandwich, try one of their many variations.

Broodnodig (Mariaplaats 49)

Swedish lunchroom with great coffee, sandwiches and sweets.

De Bakkerswinkel (Wittevrouwenstraat 2)

Close to the library, this place is perfect for grabbing a muffin during lunch break, or take your time and sit in one of the cosy spaces to enjoy a high-tea with friends.

Gys (Voorstraat 77)

A great place for lunch or dinner, prepared with local and organic products. Lots of vegetarian and vegan options.

KEEK (Twijstraat 23)

This stands voor Kunst En Eerlijke Koffie (art and honest coffee). Often packed, this lunchroom serves delicious organic food.

De Ontdekking (Voorstraat 110)

Located in the building of a former travel agency, De Ontdekking offers breakfast and lunch, as well as delicious cakes and good coffee, and a selection of local organic beers and wines in the afternoon.

Poké Perfect (Korte Jansstraat 17)

Centrally located next to Janskerkhof, Poké Perfect sells bowls of poké, a Hawaiian dish originally consisting of sushi rice, fresh raw fish, and several toppings. You can also opt for tofu.

Sector 3 (Twijstraat 7)

Those who like bread and cakes will find themselves happy customers of this lunchroom with its nice area down at the canal.

Stach (Choorstraat 42)

Just a few steps from Domplein, this conveniently located 'deli' has good coffee to go, as well as fresh bread, croissants, sandwiches, and salads; their ingredients are all locally sourced. They also sell a wide array of chocolate and candy bars.

The Village Coffee (Voorstraat 46)

Mostly packed with fashionable young people, this coffee place is where the average hipster will feel most comfortable.

Dinner

ACU (Voorstraat 71; 030-231 4590)

Vegan

On Tuesday, Wednesday, Thursday and Sunday evenings (18.00 – 21.00 hrs), the kitchen serves tasty vegan food for a good price. Make a reservation to be sure of a spot.

Blauw (Springweg 64)

Indonesian

This is a popular place for traditional Indonesian food. The 'Rijsttafel' is highly recommended. Make a reservation because it is often full (030-234 2463).

EKKO (Bemuurde Weerd WZ 3)

Run by volunteers, EKKO serves a delicious vegetarian three course menu for €17,50 on Thursdays, Fridays, and Saturdays. Check their website for the menu www.ekko.nl. Reservations are recommended.

El Mundo (Voorstraat 18)

Tapas

Spanish tapas bar, good food, not so expensive. Occasional live music.

Kafe België (Oudegracht 196)

Dutch

Besides their impressive collections of beers, this bar serves great food for a good price. Make sure to be there before 19.00 hrs if you want to try the daily specials; they sell out almost every night! Good choice for vegetarian food.

Meneer Smakers (Nobelstraat 143)

Hamburgers

These hamburgers are in no way to be compared with those you find at the usual fast-food restaurants. This is the proper stuff for a descent price. Also try the vegetarian options.

Popocatepetl (Nobelstraat 163)

Mexican

Mexican food in a nice atmosphere where you'll find your favourite dishes like tortillas and tacos.

Saigon (Voorstraat 68)

Vietnamese

Vietnamese Restaurant Saigon serves tasty food for a good price. It is a paradise for vegetarians, since they have vegetarian pork, chicken, duck and shrimps! Also try the lovely fresh spring rolls.

Santa Lucia (Nobelstraat 14)

Italian

This Italian restaurant has a tasteless interior, but they serve great pizza, with good vegetarian options (pizza Bella Italia is highly recommended).

Springhaver (Springweg 50)

Dutch

Cosy café, lunch spot, restaurant and cinema in one since 1885. Order at the bar and then take a seat in the Art Nouveau/Tuschinski-inspired interior.

Winkel van Sinkel-Nachtrestaurant (Oudegracht 158)

Dutch

If you want to eat late, this is the place to go. It is called the Nightrestaurant and is located in the basement of Winkel van Sinkel entrance at the canal or through the Grand Café. (www.nachtwinkel.nl)

Pomo (Wittevrouwenstraat 22)

Javanese-Surinamese

Great Javanese-Surinamese food, really wonderful, highly recommended!

Sweetie (Predikherenstraat 21)

Chinese-Surinamese

Great Chinese-Surinamese restaurant and inexpensive. Especially their Chow Min Moksi Meti comes highly recommended (for meat eaters only!)

Alternative Fast Food

Babbysnacks (Voorstraat 76)

Indonesian take-away opposite of ACU. Their 'Broodje Tempeh' is a favourite among many.

Döner 66 (Vismarkt 22)

Fantastic vegetarian pita in this snackbar! And whatever else you want to eat before, during or after nights out.

El Greco (Ganzenmarkt 28)

Greek Snackbar, very popular amongst late-night clubbers. Great Pita Giros (for the carnivores amongst us) but also great Vegetarian Pitas.

Soy: Vegetarian Asian Kitchen (Antonius Matthaeslaan 112)

A little out of the city centre, but worth the detour. All vegetarian dishes, eat-in or take-out. www.soy-utrecht.nl

Wok to Walk (Steenweg 7)

If you want a satisfying quick bite this is the place to go. Put your own meal together, great choice for vegetarians.

Cafés/Bars

ACU (Voorstraat 71)

Enjoy an organic beer, Club Mate or juice at this alternative bar. This former squat is run by volunteers and absolutely gay-friendly and against all sexism.

Bodytalk (Oudegracht 64)

Super friendly gay bar with happy hour between 18.00 and 19.00 hrs. In the summer they have a small terrace at the canal.

Café Kalff (Oudegracht 47)

Somewhat more sophisticated than Bodytalk, but just as friendly with some places outside to sit. You can bring your straight friends too.

De Bastaard (Jansveld 17)

Theatercafe where you can also play pool and sit outside in the summer.

Kafe België (Oudegracht 196)

Choose from over 200 kinds of beer in a laid-back atmosphere.

The Florin (Nobelstraat 2)

Irish pub. On Monday and Tuesday nights (17.00 - 21.00 hrs), they offer student dinners for €6,50 (no reservations possible).

't Hart (Voorstraat 10)

So crowded it must be trendy. Or are all those people waiting for a bowl of 't Hart's excellent tomato soup?

Hofman (Janskerkhof 17A)

Chill out with a cup of tea during the day or dance your heart away at night. Hofman is a fun, laid-back bar. Comedy nights on Wednesday, live music on Thursdays, disco on Friday and Saturday.

Kopi Susu (J.P. Coenstraat 69)

Relaxed café in the heart of Lombok. Their opening hours are limited so check their site (www.kopisusu.nl) before visiting. Coffee or an organic juice with cake or an organic lunch: it's all fantastic.

Mick O'Connells (Jansdam 3)

The place to meet other international students. Here you can watch rugby matches while enjoying a gigantic beer.

De Zaak (Korte Minrebroederstraat 9)

Their terrace is the place to be on a sunny day, and feel free to bring your own food.

Nightlife

ACU (Voorstraat 71)

This former squat has a variety of music: underground/alternative/punk/ska/rock/metal. Once a month they organize an alternative queer disco. Check their monthly programme for other activities www.acu.nl.

Café Averechts (Lijsterstraat 49)

This volunteer café serves vegetarian food on Sunday and often has live music. Check their website for the program: www.averechts.nl.

De Nijverheid (Nijverheidskade 15)

De Nijverheid is a cultural co-creating space where artists can explore, experiment and exhibit. It is good to check their agenda to see the planned performances, workshops and parties! <https://www.denijverheid.org/agenda>

Club Rits (in Ekko)

Every two months, they host Rits UnZipped @ Ekko: floorfillers & underground hits, pop & dance, and everything in between. Gay, Lesbian, Straight.

Db's (CAB-Random 100)

Db's offers practice rooms for bands, but they also organize a surprising variety of concerts, such as reggae and rock-and-roll. It is out of the city centre, but easy to reach by bike, bus (3 and 4) and train (Utrecht Zuilen). Check their program on www.dbstudio.nl.

EKKO (Bemuurde Weerd WZ 3)

Some say it is the hipster version of ACU. With a large variety of (inter)national bands playing alternative/underground/indie rock/metal/punk, but also DJ nights with electronic, techno and house, EKKO serves everyone.

Poppodium Stathe (Rozenstraat 15)

Friendly atmosphere, good for talking and when you feel like it, you can show your best dance moves on the little dance floor. Twice a month you can enjoy Stathe Sessie where new, young bands perform on stage.

Stairway to Heaven (Mariaplaats 11)

A rock 'n roll orientated café, restaurant and club where you can find a variety of people having a coffee or lunch during the day, dining in the evening and dancing on the weekends.

Tivoli (Vredenburgkade 11)

The largest pop venue of Utrecht offers great nights out, including dancing to pop music or catching some live performances by contemporary icons. Great place to check out! www.tivoli.nl.

Tivoli de Helling (Helling 7)

Tivoli de Helling is part of Tivoli, but has a different location in the direction of Ledig Erf (20 min. walk from Tivoli).

Winkel van Sinkel (Oudegracht 158)

Club house is played all night long in a beautiful, historical building for those who are willing to pay the entrance fee.

Culture

Below are listed some of Utrecht's contemporary art spaces, theatres and film houses. For up-to-date programs of cultural events in Utrecht, try to get a hold of an 'UITagenda Utrecht' (see also <https://www.uitagendautrecht.nl/>). They are available for free in most bars and theatres in the city.

BAK – Basis voor actuele kunst (Pauwstraat 13A)

BAK serves as a space for contemporary art, knowledge, and activism. Its main mission is to advocate for the dynamic and critical role of art in society and to catalyse discourse – with and through art as a form of active knowledge – on urgent contemporary socio-political issues. Be sure to check out their engaging exhibitions, and keep an eye out for their excellent Summer School programme.

Casco Art Institute (Lange Nieuwstraat 7)

A space dedicated to artistic research and experimentation, characterized by cross-disciplinary, collaborative, and process-driven practices. Both staff and students of the Graduate Gender Programme at UU are frequently involved in ongoing projects at Casco. Check out their website and sign up for their newsletter, or simply visit, to see what is on exhibit and which workshops and seminars are coming up next.

Louis Hartlooper Complex (Tolsteegbrug 1)

This former police station screens art house, old movies and more popular quality films.

Springhaver (Springweg 50)

Collaborates with Louis Hartlooper Complex and screens a great variety of art house films.

Stadsschouwburg (Lucas Bolwerk 24)

Main theatre, established companies perform here. Last-minute tickets for students are cheap but cannot be reserved: €10,00. Make sure you get them 30 minutes before the show starts and remember to bring your student card.

Theater Kikker (Ganzenmarkt 14)

Small alternative theatre, international companies perform here.

TivoliVredenburg (Vredenburgkade 11)

In their new venue they have 5 concert halls, each designed by a different architect. With one of the best sound systems in the Netherlands, they offer pop, classic, jazz, symphony orchestras and much more.

Cultural Sunday

Once per month 'cultural Sunday' takes place in different cultural institutions in Utrecht. Check out the posters in town or www.culturelezendagen.nl

Throughout the year lots of interesting festivals and events take place in Utrecht. So, keep your eyes open to not miss out on those (e.g. Festival Tweetakt, Impact Festival, DIEP Festival, SPRING Performing Arts Festival, Midzomergracht festival, Nederlands Film Festival and many more).

Sports and Recreation

General

There are many possibilities to keep your body in shape and your mind relaxed in Utrecht. For example, many sports and wellness centres throughout Utrecht offer the use of cardio and fitness equipment and group lessons, like pilates,

yoga, zumba, etc. Often there is a discount for students. Of course, you could always buy a pair of running shoes and challenge yourself to run through the many parks that are all around Utrecht.

Parnassos Cultural Centre

As a student this is the cheapest place to take courses and workshops in art, photography, dancing, music and theatre. You can join the film club for a small fee, and Parnassos regularly produces and programs course productions.

Parnassos is located in the city and at the Uithof. For more information, visit Parnassos Binnenstad at Kruisstraat 201, tel: 030-253 8448 (reception) or 030-253 8441 (course administration), www.parnassos.uu.nl.

Olympos Sports Centre

Uppsalalaan 3

Tel: 030-253 4471 / www.olympos.nl

The centre provides sports facilities for all students and staff of Utrecht University.

Student Discounts

Cinemas: Utrecht has a lot of movie theatres (for instance Rembrandt). On weekdays (Fridays and Saturdays till 6 pm) they give a discount (typically €2,-) on movie tickets when you have a student card.

Film theatres: For art house, documentaries or alternative films, visit the Louis Hartlooper Complex, Springhaver and 't Hoogt.

Hairdressers: Many hairdressers in Utrecht offer student discounts, mostly during weekdays. A very good hairdresser is Rob Peetoom, who offers a 20% student discount: <http://www.robpeetoom.nl/>

Museums: Utrecht has several museums. As a student you can visit them with a student discount. For instance, the University Museum (Lange Nieuwstraat 106) is free for students of the University of Utrecht. Other museums reduce admission prices for students, such as the Centraal Museum where students pay €6 (instead of €14), which also allows you to visit the Dick Bruna museum across the street for free and check out the internationally known Nijntje/Miffy.

When in doubt, remember the old saying: 'nothing ventured, nothing gained'. Always ask whether there is a student discount because most (movie) theatres, museums and other organisations/events give discounts to students even when not advertising it.